Community Mental Health Nurses

A Community Mental Health Nurse [CMHN] is a senior registered mental health nurse, who may be appointed as a care co-ordinator.

Normally they are worked within a mental health hospital setting, and have significant clinical knowledge and experience of caring for people with dementia.

The Community Mental Health Nurse will visit people most often in the person's own home.

Liaison with other services and professionals promotes a person-centred care approach ensuring that the delivery of care is specifically designed for the individual needs of the client and their carer. The CMHN will advise and guide families to other providers of support within the community, aiming to promote independence, health, well being and quality of life.

The CMHN assesses people with dementia, plans and implements care packages and reviews that care on a regular basis.

They offer advice on medication, practical care and therapeutic approaches to manage some of the symptoms and behaviour the person with dementia, and their carers, may experience.

Part of their role also includes visiting Jersey’s residential and nursing care settings, the General Hospital and various day care facilities.